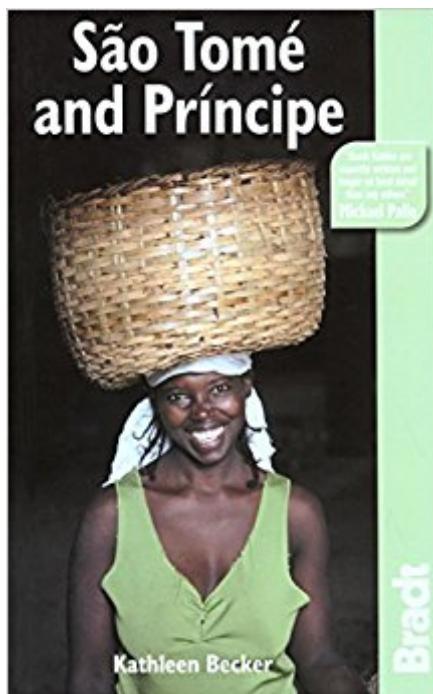


The book was found

# Sao Tome And Principe (Bradt Travel Guide)



## Synopsis

This is the first stand-alone guide to Africa's second-smallest country (around 1,000km<sup>2</sup>), São Tomé & Príncipe, renowned for its enticing blend of African, Portuguese and Caribbean culture. Largely unexplored and unexploited by tourism, these tropical volcanic islands off the west African coast are the antithesis of mass-market destinations; and one of the most unspoilt places on earth. The author guides pioneering travellers round this African island paradise, 75% of which is covered by rainforest, and its unspoilt palm-fringed beaches, towering volcanic peaks, and fascinating colonial heritage. She also provides in-depth coverage of São Tomean culture and history as well as contemporary political issues.

## Book Information

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## Customer Reviews

Kathleen Becker reports from four continents for European English-language magazines and German national radio. A keen linguist and lover of the outdoors, she is especially interested in island destinations.

Here in Brazil, I read this excellent Bradt travel guide book. This small book is about a small African country: São Tomé and Príncipe. The author, a German woman, made an excellent book. This book is concise, but even so, it has all that I wanted to know about São Tomé and Príncipe. These small islands are really well covered, in this book. I'll show below six good things in this book: 1- This isn't a propaganda-book for stupid tourists. This book really tells about health

problems of these islands, including good advices about malaria and foods.2-This book doesn't forgets about corruption and theft; even recognizing that crime in São Tomé and Príncipe is low. See page 69. Problems with electricity, prices,etc. are well covered in this book.3-All restaurants, bars, hotels are in this guide. You can read about their prices,quality, size, etc. before to travel.4-There's good maps in this book; the bests are next to the cover. Even the islet of Rolas has a good map (see pages 160 and 161).5-Brazil is remembered in this book, as a source of soap operas (page 110) and martial art capoeira (page 151) for the persons living, in these islands.6- On page 13, the author praises the Portuguese colonialism, with these sentences:"The Portuguese colonialists traditionally mixed more with the native population than the English; there is a saying that whereas English and French colonialists made enemies, the Portuguese made children."

There were few books available about this place...so of course this is the one I used. A lot of information either unavailable or incomplete.

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